

FOUNDATIONS OF CITIZENSHIP



WHAT are the
ROOT PRINCIPLES OF GOOD CITIZENSHIP

HOW to cultivate
ROOT PRINCIPLES OF GOOD CITIZENSHIP

Table #1

<p>Connection</p> <ul style="list-style-type: none"> • Connection • Compassion • Respect for others • Understanding • Empathy/Empathy/Empathy <p>Being an "Upstander"</p> <ul style="list-style-type: none"> • Action • Courage to stand up <p>Positive Participation</p> <ul style="list-style-type: none"> • Participation • Contribution • Modeling • Pride of place • Sharing <p>Balance</p> <ul style="list-style-type: none"> • Generosity • Sense of self • Self-regulation around technology • Balanced life between tech & low tech/tactile activities <p>Helping Others</p> <ul style="list-style-type: none"> • Using technology for good • Responsibility • Looking out for one another • Helping others • Giving back 	<p>Knowledge</p> <ul style="list-style-type: none"> • Media literacy and media bias • Interpreting online visual information (memes & emoji's) Navigating information found online and identifying factual vs. fake information • Understanding online privacy • Understanding your role in the business tech world; are you a consumer or a provider • Educating parents and community stakeholders • Understanding knowledge • Knowledge <p>Communication</p> <ul style="list-style-type: none"> • Communication • Politeness • Disagreeing respectfully • Communication & collaboration • How to communicate empathetically <p>Kindness</p> <ul style="list-style-type: none"> • Building people up not tearing people down • Embrace diversity • Kindness 	<ol style="list-style-type: none"> 1. Modeling-tech free time <ol style="list-style-type: none"> a. device free dinner b. "boxes" c. "un-game" 2. Communication-Conflict resolution skills explicitly taught <ol style="list-style-type: none"> a. reaction vs response b. ID feeling, emotional intelligence 3. Education on mindset-assume best intentions, humanize the virtual 4. Contribution
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<p>Awareness</p> <ul style="list-style-type: none"> • Common goals • Awareness • Future minded • Well intended or good intentions • The assumption of good intentions <p>Talk/Listen</p> <ul style="list-style-type: none"> • Conversation • Listening/Listening • Learning • Acknowledgment of lessons learned <p>Rules</p> <ul style="list-style-type: none"> • Respecting rules • Polite • Duty • Respect <p>Empathy</p> <ul style="list-style-type: none"> • Fairness • Acceptance • Assistance • Freedom of speech, etc. • Kindness/ Kindness • Free choice • Aware, active and involved • Dialogue • Helpful • Understanding • Appreciation of others' values and beliefs • Empathy • Compassion • Understanding perspectives • Choosing based on your conscience <p>Collaboration</p> <ul style="list-style-type: none"> • Togetherness • Shared beliefs/Values ? • Contributing • Collaborative • Sharing • Safe to share ideas • Participation/ Participating • Teamwork • Doing your part to improve the community 	<ol style="list-style-type: none"> 1. Shared opportunity/mandate to make "the rules of society" <ol style="list-style-type: none"> a. leading vs. managing 2. Zoom out/global point of view <ol style="list-style-type: none"> a. but respect individual values plus culture 3. Welcome oppositional views <ol style="list-style-type: none"> a. methods to engage are crucial 4. Teach empathy through examples <ol style="list-style-type: none"> a. story telling through generations 5. Have leaders who model and mentor <ol style="list-style-type: none"> a. without forcing views on others 6. Transcend on the "us" vs. "them" mindset <ol style="list-style-type: none"> a. form relationships that get past lip service
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<p>Responsibility to Grow</p> <ul style="list-style-type: none"> • Accepting consequences for your actions • Healthy responsible behavior <p>Responsibility to Belong</p> <ul style="list-style-type: none"> • Need to be a participant • All must have a role as citizens and be respected equally • A sense of belonging to something greater than self • Responsibility • Opportunity to participate • Willingness to contribute time and talents to benefit others <p>Valuing Others</p> <ul style="list-style-type: none"> • Willing to change • Acceptable • Liberty; we must respect others as to not create divisive walls between us as people • Negative judgment has no place in a society that claims to value individuals • The golden rule; treat others how you want to be treated • Respect • Empathy • Keep trying to improve • Acknowledge the good • Connection; for people to see each other as people and treat each other as we would want to be treated 	<p>Valuing Truth and Opinion</p> <ul style="list-style-type: none"> • Willingness to work with others; seek to understand before being understood • Listening • The freedom to openly disagree, debate and challenge biases and opinions • Educate yourself; help others to understand <p>Shared Values</p> <ul style="list-style-type: none"> • There are values we all share that we must continue to fight for • People care about the collective good/not content with isolated good <p>Miscellaneous</p> <ul style="list-style-type: none"> • Citizenship is an inalienable right • Trustworthy • Love • If don't care about each other's interaction is not likely to be positive • Optimism; best is yet to be • Protect yourself and others • Seek for mutual benefit; win-win • Synergize with others 	<ol style="list-style-type: none"> 1. Finding value in everyone <ol style="list-style-type: none"> a. know we are "better together" 2. Empathize 3. Create ripples of good 4. Look to "we" not "me"
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Table # 4

Character

- Respect/ Always be respectful/ Respect
- Follow people who have different opinions or ideas
- Love
- Listening
- Authentic self-knowledge
- Standing up for what's right
- Empathy
- Finding a common space or acknowledging our differences positively
- Humbleness
- Growth
- Positivity
- Build positive online currency
- Deliberately optimistic and positive

Purpose

- Giving value to others freely
- Volunteering
- Make sure your liking or sharing or re-tweeting when appropriate (expanding reach of ideas)

Discourse

- Voice
- Demonstrate value (extend the conversation)
- Intersectional equity and equality
- Balanced perspective about others, not you all the time
- Be part of a larger whole; we can create shared spaces both on and offline

Integrity

- Privacy is important
 - know your privacy setting
 - "friend" appropriately
 - share appropriately
 - be safe
- Don't be a troll (accountability)
- Modeling
- Willingness
- Helping when/where needed
- Share things that are true

1. Include all voices in conversations to expand understanding
2. Model
 - a. active listening
 - b. appropriate use
 - c. values
 - d. questions
 - e. celebration of others
 - f. positivity
 - g. validate opinions (even if you don't agree)
3. Encourage a larger world view
4. Expose self to varied opinions
5. Capitalize on "teachable" moments

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Table #5

Positive Impact

- Be like Ghandi; be the change you want to see in the world
- Speaking up or the willingness to speak up for what's right
- Authentic #IRL
- Positive relationship building
- Impact not impress
- Back ideas with fact but listen to others' ideas

Personal Mindfulness

- Self-check; are you being the you you'd like to be?
- Consider yourself as a brand; market yourself
- Check your priorities; un-follow as needed
- Curate an inspiring feed

Mindful of Others

- Open mindedness
- Contribution
- Understanding
- Listening

Teaching & Learning

- Reflection
- Inspire
- Participation
- Collaboration
- Mutual agreement
- Building or creating

Safety

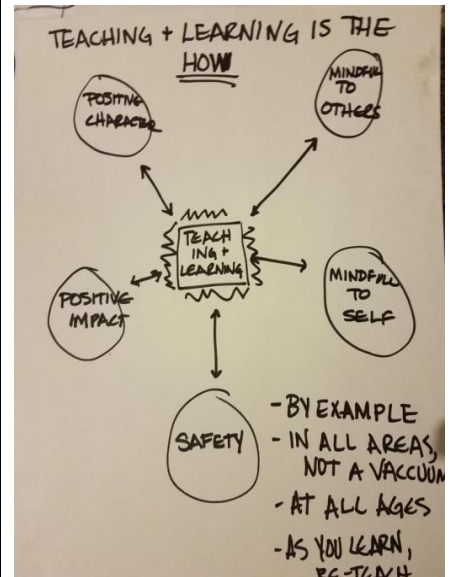
- Safety first
- Law abiding
- Privacy

Positive Character

- Love without; conditions, prejudice, judgment, bias
- The golden rule; if you wouldn't say it to someone's face don't say it online
- THINK before you post
- Empathy
- Respect
- Positive
- Inclusion
- Mutual respect
- Gratitude
- The value of a person
- Caring for others or about others
- Caring and kindness

1. Teaching and learning is the "How"; by example, in all areas, not a vacuum, at all ages, and as you learn re-teach

- positive character
- mindful to others
- mindful to self
- safety
- positive impact



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Advocacy

- Adding value
- What is the responsibility of those I associate with?
- Leading ;by example
- Recognizing our inner voice of what's good and what 's bad or right or wrong
- How can I contribute/build those whom I interact with?
- Respect
- Participation
- Being Brave/ Standing up for what you think is good/right
- Respect all opinions & beliefs
- Truth
- Responsibility
- Involvement
- Taking action thoughtfully
- Decreasing ignorance
- Being productive

Self-Awareness

- Empathy
- Vulnerability
- Respect for self and others (social)
- Recognizing personal value and connecting online life as real life
- Doing your best
- Being real and authentic
- Open-minded understanding
- Non-judgmental
- Teachable
- Thoughtful/Kind/Nice
- Putting other people’s needs above mine
- Considering people's needs
- Personal development
- Love
- Doing your best

Societal Contribution

- Contribute to greater good
- What is allowed is condoned
- Knowing what to do when I see, hear, or do something that seems to break the digital citizenship code
- Respecting the pupil
- Who is responsible to monitor behavior & social norms?
- Order, laws, Societal norms
- Service to others and whole
- Give back whatever able

1. Self-education (researching new perspectives)
2. Connecting and sharing experiences/ mistakes
3. Staying grounded/ Accountability
4. Serving others
5. Speak up even if you speak alone (that's BRAVE)

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<p>Respect</p> <ul style="list-style-type: none"> You can disagree but do it respectfully Regard for others See others as people Treat others as you want to be treated Help and connect Civility Respect for those around you <p>Etiquette</p> <ul style="list-style-type: none"> Personal liberty Inspire others with your actions Encouraging and drawing attention to good in the community Open mindedness Willing to change your own opinion if there is a better idea out there Refraining from unfair judgment <p>Knowledge</p> <ul style="list-style-type: none"> Getting educated on issues that affect your community Etiquette Knowledge; Being knowledgeable <p>Service</p> <ul style="list-style-type: none"> Using your skills and knowledge to help the community Making contributions not subtractions Finding joy in helping others Involvement 	<p>Kindness</p> <ul style="list-style-type: none"> Compassion Charity/ Giving Kind Empathy/ Being able to listen <p>Connection</p> <ul style="list-style-type: none"> Caring for those around you Knowing & connecting people in the community Inclusion <p>Awareness</p> <ul style="list-style-type: none"> Sensitivity/ Awareness <p>Voice</p> <ul style="list-style-type: none"> Speaking up to bring attention to issues in the community Up to date on what is going on around the community <p>Law</p> <ul style="list-style-type: none"> Choice over governance Rule of law Law abiding <p>Long-term Outcomes</p> <ul style="list-style-type: none"> Seven generation understanding Caring about long-term affects <p>Self-Reliant</p> <p>Honesty</p> <p>Work</p> <p>Commonality of Purpose</p>	<p>1. Respect</p> <ol style="list-style-type: none"> Lead by example Choose to respond with respect Be the first to listen Not having a victim mentality Choose not to be offended Learn to THINK before you speak <p>2. Etiquette</p> <ol style="list-style-type: none"> Acknowledge everyone matters See we are more alike than different Magic words Remember people are still people See the other's perspective Show gratitude
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<p>Self-Management</p> <ul style="list-style-type: none"> • Genuine • Self-control • Commitment • Common good • Take care of the health and well-being of yourself • Think before you act • Responsibility for self and others • Real life = online • Awareness of surroundings • Empathy/Empathy • Respect/Respect • Respect/ Never attack with words <p>Compromise ~ Win-Win</p> <ul style="list-style-type: none"> • Be welcoming and supportive • Respect for self and others • Allow all people to have a voice • Civilized discussions • Do good for others • Be a good person • Consider the opposing viewpoint with sincerity • Diplomacy • Negotiate • Look out for well-being of others • Be defensive and protect community • 	<p>Act</p> <ul style="list-style-type: none"> • Bring your friends and neighbors along on the journey (even or especially with you don't see eye to eye) • Kind • Contribute • Be a good listener • Be a contribution, Be an asset not a limitation • Ability to listen • Proactive • Use tech for good • Be a giver • Participate in and promote good values in the community • Commitment and loyalty • Being true • Duty/ Responsibility • Engage & be involved • Educate yourself/ Prepare <p>Understand our Values</p> <ul style="list-style-type: none"> • Be an individual • Anchor on reasons • Role model • Teach by example • Be involved in your communities • Values; Honesty • Be a positive contributor • Be true to your moral foundation • Know what is important to you • Always stay true to who you are • Make the best out of every situation 	<ol style="list-style-type: none"> 1. Practice compromising and negotiating from a young age (in school debate & media detectives and at home) 2. Analyze surroundings and build critical thinking skills 3. Educate and motivate parents to teach good citizenship at home (by modeling good habits, setting house rules together and evaluating and reflecting on progress) 4. Open communication + shared curiosity so kids feel safe when discussing difficult topics 5. Provide specific, genuine and thoughtful feedback and encourage kids to self-reflect 6. Teach kids to <u>respond</u> and not just react 7. Model and promote authentic in person relationships and friendships
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<p>Compassion</p> <ul style="list-style-type: none"> • Be compassionate • Unselfish • Empathy/Conscious Empathy <p>Belonging</p> <ul style="list-style-type: none"> • Bonding and connection to community • Group-based problem solving <p>Acts of Kindness</p> <ul style="list-style-type: none"> • Kindness/Kind/Be Kind • Be willing to help <p>Acceptance of Diversity</p> <ul style="list-style-type: none"> • Boundaries/ Comfortably interacting • Acceptance <p>Patience</p> <ul style="list-style-type: none"> • Calm down/ don't over-react <p>Respect</p> <ul style="list-style-type: none"> • Respect for other/ Self respect • Respect the earth <p>Duty/Responsibility</p> <ul style="list-style-type: none"> • Responsibility <p>Parental Involvement</p>	<p>Living Your Values</p> <ul style="list-style-type: none"> • Character & Integrity • Courage • Personality • Good Character/Character • Honesty <p>Giving Back</p> <ul style="list-style-type: none"> • Service • Contribution to common good • Involvement in any situation • Being involved • Taking the initiative to better the lives of those you don't know <p>Regular Discussions</p> <ul style="list-style-type: none"> • Communication/ Communication skills • Creating ideas together/ Teamwork • Sharing thoughts & concerns <p>Recognition of Good</p> <ul style="list-style-type: none"> • Desire to build up not tear down • Leave the "campground" cleaner than you found it <p>Gratitude/Perspective</p> <p>Creating Culture</p> <p>Positive Influences</p>	<ol style="list-style-type: none"> 1. We participate and contribute in our community 2. Habits we can learn and practice 3. All of us can tell our stories, share them, and celebrate them to understand our effect on others 4. Removing judgment to encourage creativity 5. Encourage risk-taking 6. Listen more, and judge less 7. Creating a safe environment to share vulnerability 8. Be kind 9. Bonding with others to create empathy and compassion 10. Be willing to learn and to teach 11. Get kids to talk, ask questions listen
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Table #10

Kindness

- Love/ Loving/ Love
- Kindness
- Respect/ Respect/ Respectful

Ability to Collaborate with Others

- Collaboration
- Unity/ Unity

Desire to Add to the World Community

- Collaboration
- Consideration
- Empathy
- Understanding
- Accepting of others

Morale Character

- Capacity to both listen and share
- Morale character & Morale standards
- Attachment
- Connection
- Internal power

Self-Awareness

- Honesty
- Integrity
-

Accountability

- Have something worthwhile to share
- Sentry
- Capacity to reason

1. Model at Home

- a. Connection***
- b. Integrity
- c. Respect
- d. Healthy Attachments****
- e. Accepting
- f. Self-worth
- g. Refuse perfectionist images

2. Model Online

- a. Respect
- b. Sharing and listening rather than complaining*
- c. Seeking and acknowledging
- d. Collaboration and answers together

3. Parental Responsibility

- a. Help children filter

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<p>Skills & Education</p> <ul style="list-style-type: none"> • Empathy (active listening) • Knowledge of proper principles of government • Encourage to act in accordance with true principles • Motives and motivations • Choice • Literate • Media literate • Informed/Educated • Reflective/Critical • Communicative/expressive • Taking time to think before responding <p>Morale/Ideological + Values</p> <ul style="list-style-type: none"> • Mentorship/Leading by example • Creative • Guiding principles • Foundations of morality • Willing to challenge/critique power • Humility; willing to acknowledge error • Accountability • Self-regulation, not harming others • Compassion <p>Active Service</p> <ul style="list-style-type: none"> • Have I done something good for someone today? 	<ul style="list-style-type: none"> • Seeking opportunity to serve • Is my community better because I am part of it? • Finding opportunities to make the community a better place • Being a positive contributor • Contributing your resources (time \$ expertise) to the larger community • Involved • Being actively engaged in good causes • Voting • Civic duty <p>Interpersonal/Communal</p> <ul style="list-style-type: none"> • Consider the fact that hurt feelings don't heal at the click of a mouse • Respond to others as you would want them to respond to you • Building a strong community with families, mentors and constant opportunities to learn • Global view • Having a world view; countries, cultures, groups and causes • Caring about the well-being of others • Willingness to sacrifice individual comfort for collective good • Sense of duty and commitment to the group • Collaborative • Recognizing the contribution of others • Concern for others • First look for similarities, then notice differences • Connection; viewing people as people 	<ol style="list-style-type: none"> 1. Skills & Education <ol style="list-style-type: none"> a. creating an active environment <ol style="list-style-type: none"> i. teaching and learning environment skills 2. Morale/Ideological + Values 3. Active Service 4. Interpersonal/Communal
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